



Sedation Dentistry

YOUR GUIDE TO SEDATION DENTISTRY - NO MORE DENTAL FEAR!





Sedation Dentistry Takes the Fear Out of Visiting the Dentist

Are you afraid of the dentist? Fear no more! Coastal Dental Care is pleased to offer sedation dentistry, also known as sleep dentistry, to our patients who may have a phobia of the dentist, to help you receive the oral health care you need.

Sedation dentistry can be used in varying degrees for a broad range of treatments and is particularly useful for patients who:

- Experience anxiety as a result of dental treatment
- May have had traumatic dental experiences in the past
- Have difficulty feeling pain relief through local anaesthetic
- Are undergoing complex or extensive procedures
- Fear needles and the noises/smells associated with visiting the dentist
- Have TMJ issues and can't open their mouth for long periods
- Don't have the time for multiple visits
- Have a strong gag reflex



Dental care without the fear

We offer our patients the option of undergoing their dental treatment under oral sedation (medicine taken 1 hour before your dental appointment) or Nitrous Oxide (laughing gas) administered in the dental clinic.

Dr Eardly Rozario is both a qualified dentist and medical doctor, and thanks to his post graduate training and extensive experience, he is able to perform your dental treatments while you are either sedated or fully asleep, taking the stress out of your dental visit.

Sedation dentistry with Dr Rozario is available from Cabarita Dental Care, Emerald Lakes Dental Care, and The White Bite.

For those who wish to be completely asleep, we offer dentistry under general anaesthesia at the Gold Coast Private Hospital with Dr Rozario.

The general anaesthesia is administered by a specialist anaesthetist in the state of the art operating theatres of Gold Coast Private Hospital.



How does sedation dentistry work?

Oral sedation or Nitrous Oxide creates a state of calm or relaxation, without any stress. General anaesthesia puts your body into a temporary, controlled, and closely-monitored state of unconsciousness where you are fully relaxed and at ease.

While you are under the chosen anaesthetic, Dr Rozario is then able complete your treatment without the risk of your protective reflexes interfering.

It is important to remember every treatment comes with associated risks, and we recommend that you share your concerns with our knowledgeable team if you have any queries about your dental treatment.



The benefits of sedation dentistry for both patient and dentist

RELAXATION

Anxiety and dental phobias are often what keeps patients from seeking the treatment they require. Sedation transforms dentist visits into a relaxing experience, with patients experiencing relief from any stress or fear.

COMFORT

Thanks to the muscle-relaxing effects of the sedative, lengthy treatments no longer need to leave you with a sore jaw from holding your mouth open for an extended period.

PATIENT CO –OPERATION

For a dentist, the major benefit of sedation is increased patient co-operation. Unexpected movements of patients can sometimes make even the most simple of procedures a complex task. Having the patient sedated means dentists are able to perform dental care with little to no distractions.

CONTROL OVER GAG REFLEX

Reducing the gag reflex is another added benefit of sedation. Gagging and in particular gagging caused by anxiety can be easily managed with sedation. Patients who suffer from having a sensitive gag reflex will experience a much greater level of comfort whilst a dentist is performing treatment.

LITTLE TO NO MEMORY OF THE TREATMENT

Following treatment under sedation, patients often remember very little of the procedure. Patients can feel as though procedures take only a matter of minutes even if treatment has lasted for a number of hours. Invasive treatments such as gum surgery, root canals or multiple extractions can be quite painful for patients; these patients will benefit from limited memory of treatment.

SAVING TIME

Sedation can assist patients to tolerate longer appointment times without feeling discomfort or fatigue in their jaw muscles. This allows dentists to operate for longer periods and with greater efficiency. Complex or multiple procedures can often require a number of appointments; under sedation these procedures can often be completed in the one sitting.



Costs of sleep dentistry

The cost of sedation dentistry depends largely on your individual insurance coverage, geographic location, and dentist. Costs can range from a few hundred dollars to over a thousand, depending on the type of sedation used. The most common method is light sedation with oral sedatives or nitrous oxide gas, both of which typically cost from \$200 – \$300. The actual dental treatment being performed is not included in this price.

MEDICARE AND HEALTH CARE REBATES

Medicare typically does not cover dental costs. Medicare does however offer a rebate towards the anaesthetic component of sleep dentistry costs. As a specialist anaesthetist treats you, you are eligible for a Medicare rebate.

If you are a member of a health care fund which offers dental rebates, it is possible your fund may cover part of your procedure to offset dental costs. This will be dependent on your level of cover and whether you have already used your annual dental allowance.

PAYMENT PLANS

At Coastal Dental Care, we offer a number of payment plan options to help patients receive the treatment they need. MAC Credit is a simple and efficient health fund which is specifically designed for individuals undergoing dental and orthodontic treatments.

To go directly to the Mac Credit application, [click here](#).



If you feel sleep dentistry could be a good option for you, please contact [Cabarita Dental Care](#), [Emerald Lakes Dental Care](#), or [The White Bite](#) to book your consultation.